



## THE PIERRE FAVRE PROGRAM

2026-2027

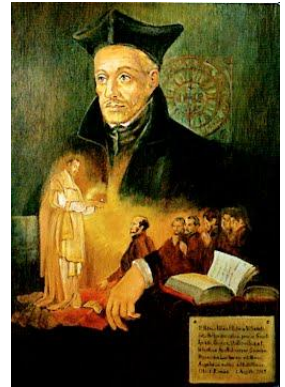
A THREE-YEAR PROGRAM THAT TRAINS PEOPLE TO BE DIRECTORS OF  
THE SPIRITUAL EXERCISES OF SAINT IGNATIUS OF LOYOLA

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The Pierre Favre program is a three-year formation program that prepares participants to give the *Spiritual Exercises* of St. Ignatius of Loyola. The program is named after St. Pierre Favre—often called the "Second Jesuit"—a close friend of St. Ignatius of Loyola and St. Francis Xavier, and the one whom Ignatius regarded as especially gifted in guiding others through the *Spiritual Exercises*.

*I can hardly find words to tell how fully I realize that my soul and my way of thinking have been changed by those very Spiritual Exercises, that my mind has been enlightened by new rays of grace from heaven and that I have been imbued with a certain strength, so much so that in the overflow of the divine blessings into even my body I am completely invigorated and seem to be changed into an entirely new man.*

**St. Pierre Favre, S.J.**



### ***How The Program Works***

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The program offers an in-depth study of the *Spiritual Exercises*, integrating a critical examination of the text of the *Spiritual Exercises* and other Ignatian writings, personal reflection, and supervised practice in giving the *Spiritual Exercises*. By the end of the program, participants will be well-formed in the *Spiritual Exercises* and able to competently give the *Exercises* in their various forms.

Each year builds on the previous one, contributing to a cohesive, integrated training program.

#### ***Year One***

The first year focuses on the life and legacy of St. Ignatius of Loyola, an introduction to Ignatian spirituality, and a careful study of the text and commentaries on the *Spiritual Exercises*. This year lays a solid foundation, fosters personal spiritual growth, and prepares participants for the ministry of directing the *Spiritual Exercises*.

#### ***Year Two***

The second year integrates the first year's learning with a deeper reflection and discernment, preparing the participants to give the *Spiritual Exercises* in their third year. Participants will gain insight into the structure and dynamics of the *Exercises*, spiritual accompaniment, discernment, and practical applications.

## *Year Three*

The third year equips participants to direct the 19th Annotation Retreat of the *Spiritual Exercises*. Through seminars, reflection, and supervision, participants learn to listen deeply to the presence of God and discern the graces in those they are accompanying. Classes will combine theory and practical application in directing the 19th Annotation Retreat through presentations, group discussions, role-playing, case studies, and journaling.

## *Schedule*

Classes are held at The Jesuit Retreat Center of Los Altos on two Sunday afternoons each month during the academic year, from September to May. Classes are typically from 2 p.m. to 5 p.m.

## *Dates for 2026-2027*

<b>Morning of Prayer &amp; Class One</b>	September 13 – 10:00 am - 4:00 p.m. - <i>includes Mass &amp; lunch</i>
Class Two	September 27
Class Three	October 11
Class Four	October 25
Class Five	November 8 – <i>followed by a reception and dinner</i>
Class Six	November 22
Class Seven	December 6
<b>Morning of Prayer &amp; Class Eight</b>	January 10 – 10:00 am - 4:00 p.m. - <i>includes Mass &amp; lunch</i>
Class Nine	January 24
Class Ten	February 7
Class Eleven	February 21
Class Twelve	March 7 – <i>followed by a reception and dinner</i>
Class Thirteen	March 21
Class Fourteen	April 4
Class Fifteen	April 18
Class Sixteen	May 2 – 1:30 pm - 2:45 pm
	<b>Commencement Liturgy &amp; Reception – 3:00 pm</b>

## *Prerequisites for the program*

Participants must have completed the full *Spiritual Exercises* of St. Ignatius, individually directed, either in the 30-day or 19th Annotation format. Participants are also expected to be in ongoing spiritual direction with a director familiar with the Ignatian tradition.

## *Cost*

Tuition is \$1,800 per year.  
This includes textbooks, instructions, handouts, and meals.  
Limited scholarship assistance is available.

## *For more information, contact:*

Fr. Chi V. Ngo, S.J.  
[cngo@jrclosaltos.org](mailto:cngo@jrclosaltos.org)  
(650) 917-4080



THE IHS IN THE SUNBURST ARE THE FIRST THREE LETTERS  
OF JESUS' NAME IN GREEK - IOTA, ETA, SIGMA.  
EARLY IN THE HISTORY OF THE SOCIETY OF JESUS,  
THIS BECAME PART OF THE SYMBOL OR "LOGO" OF THE JESUITS.